CONGRESS VENUE

Fondazione Irccs San Gerardo Dei Tintori – Congress Center
Via Giovanni Battista Pergolesi, 33 – 20900 Monza (MB)

REGISTRATION METHODS

To participate in the course, participants are required to register at the following link:

www.hinovia.com/acl-injuries

CME ACCREDITATION

The training event has a limited number of places and
has been accredited (**4 CME credits**) for the profession of:

- **Surgeon**

Disciplines: General Medicine (Family Doctors), Orthopaedics and Traumatology, Paediatrics, Physical Medicine and Rehabilitation, Sports Medicine

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The training event has a limited number of places and
has been accredited (**3 CME credits**) for the profession of:

- **Physiotherapist**

Training objective: clinical documentation. Clinical-assistance, diagnostic and rehabilitation paths, assistance profiles, treatment profiles

Type: free event

With non-conditional sponsorship of:

MAIN SPONSOR

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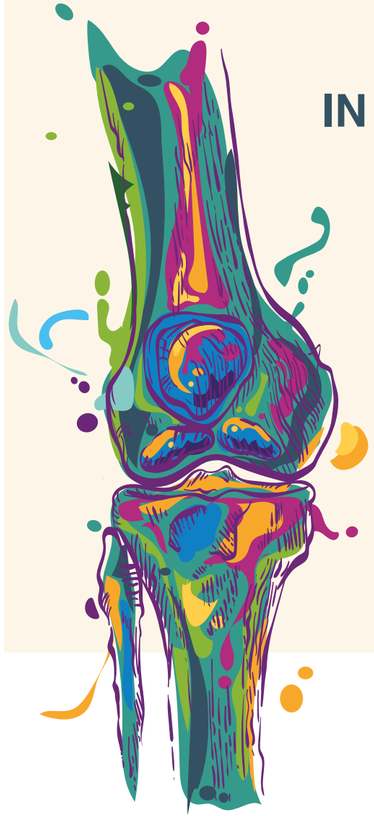

ACL INJURIES IN FEMALE ATHLETES

TRANSALPINE CENTER OF PEDIATRIC SPORTS MEDICINE AND SURGERY

6th CONFERENCE

Scientific Director
Marco Turati - Monza

Presidents of the Congress
Marco Bigoni - Ponte San Pietro
Nicolas Bremond - Grenoble

MONZA
28th MAY 2026

S.P.L.L.O.T. · EPOS European Paediatric Orthopaedic Society · Fondazione IRCCS San Gerardo dei Tintori · Sistema Socio Sanitario Regione Lombardia · Università degli Studi di Milano Bicocca · Transalpine Center of Pediatric Sports Medicine and Surgery · SITOP

SCIENTIFIC RATIONALE

The Transalpine Center of Pediatric Sports Medicine and Surgery presents its 6th conference, focused on in depth analysis of ACL injuries in young female football players. Within a rapidly evolving clinical landscape, this event serves a primarily educational purpose: to facilitate the exchange of scientific and clinical experiences among multidisciplinary specialists.

The core objective is to share knowledge regarding female-specific risk factors - anatomical, hormonal, and psychosocial - and to discuss various surgical and rehabilitative options. By providing a platform for sharing between surgeons, researchers, and trainers, we aim to update the professional expertise of participants, fostering a shared understanding for supporting young athletes throughout their treatment and return to sport.

FACULTY

Cristiano Alessandro - Monza
Antonio Andreacchio - Milan
Erik Benedettini - Milan
Pierfrancesco Bettinsoli - Brescia
Marco Bigoni - Ponte San Pietro (BG)
Nicolas Bremond - Grenoble (FR)
Giuseppe Carrà - Milan
Claudio Cogliati- Monza
Alessandro Corsini - Brescia
Andrea Davide Cossio - Monza
Marco Crippa - Monza
Angelo Marco Dirito - Monza
Fabio Esposito - Milan
Paolo Florent Felisaz - Milan
Corinna Franklin - Connecticut (USA)
Diego Gaddi - Ponte San Pietro (BG)
Simone Daniel Gatti - Monza
Massimo Gorla - Monza
Federico Alberto Grassi - Pavia
Maria Laura Nicolosi - Monza
Massimiliano Piatti - Ponte San Pietro (BG)
Emma Maria Proserpio - Monza
Francesca Re - Monza
Agostino Rossoni - Bergamo
Davide Tosoni - Milan
Benjamin Tschopp - Lausanne (CH)
Marco Turati - Monza
Judith Waldner - Monza
Giovanni Zatti - Milan

SCIENTIFIC PROGRAM

14.00 - 14.10 Congress Presentation and Institutional Greetings - G. Carrà, C. Cogliati, F. Re, G. Zatti
14.10 - 14.15 Introduction, Purpose and Definition - N. Bremond, M. Turati

FIRST SESSION
Chairs: **M. Bigoni, A. Cossio**

14.15 - 14.25 ACL Injury Epidemiology in Female Athletes - M. Crippa, E. M. Proserpio
14.25 - 14.35 Hormonal Profile in Female Players: ACL Risk and Antithrombotic Safety - M. L. Nicolosi
14.35 - 14.45 Radiological Characterization of Female Anatomical Peculiarities: A Focus on the Lower Limbs - P. F. Felisaz

SECTION ACCREDITED FOR SURGEONS

14.45 - 14.55 Injectable Therapies for Young Athletes - S. D. Gatti, M. Gorla
14.55 - 15.15 Open Discussion on the topics previously covered - M. Bigoni, A. Cossio, M. Crippa, P. F. Felisaz, S. D. Gatti, M. Gorla, M. L. Nicolosi, E. M. Proserpio

SECOND SESSION
Chairs: A. Andreacchio, D. Gaddi

15.15 - 15.45 Lectio Magistralis: ACL Injuries in Female Football Play - C. Franklin
15.45 - 16.00 Open Discussion on the topics previously covered - A. Andreacchio, C. Franklin, D. Gaddi
16.00 - 16.15 Coffee break

THIRD SESSION
Chairs: F. A. Grassi, M. A. G. Piatti

16.15 - 16.25 ACL Reconstruction: Is There a Specific Female Approach? - M. Bigoni, J. Waldner
16.25 - 16.35 ACL repair – Is There a Role? - E. Benedettini, M. Turati
16.35 - 16.45 All-Inside Meniscal Implants and Osteochondral Fixation: News and Navigating Neurovascular Risks - M. Crippa
16.45 - 16.55 Post-Surgical Recovery and Return to Play Strategies - B. Tschopp
16.55 - 17.15 Open Discussion on the topics previously covered - E. Benedettini, M. Bigoni, M. Crippa, F. A. Grassi, M. Piatti, B. Tschopp, M. Turati, J. Waldner

FOURTH SESSION
Chairs: P. Bettinsoli, A. Corsini, F. Esposito

17.15 - 17.25 Psychological Factors in Pediatric Sports Medicine - C. Franklin
17.25 - 17.35 Mimicking the ACL-Reflex: Non-Invasive Proprioceptive Neuromodulation - C. Alessandro
17.35 - 17.45 Role of Knee Bracing in Sports - A. Rossoni
17.45 - 17.55 Prevention Programme in Soccer - A. M. Dirito

SECTION ACCREDITED FOR SURGEONS

17.55 - 18.05 The Management of Post-Traumatic and Post-Surgical Pain - D. Tosoni
18.05 - 18.20 Open Discussion on the topics previously covered - C. Alessandro, P. Bettinsoli, A. Corsini, A. M. Dirito, F. Esposito, C. Franklin, A. Rossoni, D. Tosoni

18.20 - 18.30 Conclusion and take-home message - M. Turati
18.30 - 18.45 Fill in CME questionnaire and end of the meeting

SCIENTIFIC DIRECTOR

Marco Turati - Monza

PRESIDENTS OF THE CONGRESS

Marco Bigoni - Ponte San Pietro (BG)
Nicolas Bremond - Grenoble (FR)